Floor Insulation Systems

Under Concrete Floor
Where a regularly used concrete floor is to be poured on grade or in a basement use Plasti-Fab PlastiSpan insulation board installed in adequate thickness under the floor before pouring. A vapour barrier should be placed between the insulation layer and the underside of the concrete slab. The floor surface will be noticeably warmer to anyone standing on the floor.

Over Concrete Floor
Place PlastiSpan insulation boards above concrete slab-on-grade to make the floor surface temperature noticeably warmer.

PlastiSpan insulation boards of adequate thickness placed above the floor slab and on the interior surface of the foundation wall will raise the surface temperature to within 3°C (5°F) of the room temperature under normal conditions.

This system uses wood nailers with insulation boards between them and a panel overlay which serves as the base for flooring.

Application
Choose application instructions from the general application instructions in the PlastiSpan brochure “Floor Insulation: Selection, Application and Specification”.

The following instructions apply specifically to insulation installed Under Concrete Floors or Over Concrete Floors.

Preparation
Insulation Under Floor
Install moisture barrier over granular fill if required.

Insulation Over Floor
Install nailers at 400 mm (16”) or 600 mm (24”) centres. Position nailers so panel joints meet over nailers.

Insulation
Where a finish is required to meet the building code, see the PlastiSpan brochure “Building Insulation Wall Applications: Interior Systems”.

Slab Perimeter - Insulation under Concrete Floor
Lay insulation as shown on plans.

Insulation Over Concrete Floor
Precut insulation or cut it to fit between nailers. Lay dry.

Finish
Slab Perimeter – Insulation Under Floor
Protect insulation from wheelbarrows and buggies when pouring concrete by the use of plank runways. Use baffles under pour spouts where necessary.

Insulation Over Floor
Nail sub floor to nailers.